UPWARD BOUND SEEKS MENTORS FOR DIVERSE HIGH SCHOOL YOUTH

We are currently seeking students, especially those who are college Sophomores, Juniors, Seniors, Graduate Students or recent Alumni to serve as mentors for Upward Bound high school students. We need people like you to share your experiences and valuable first-hand knowledge with students so that they can gain confidence and become more knowledgeable about succeeding in high school and college.

Benefits to High School Students: Upward Bound Mentors are a reliable source for information on: educational requirements for college entry, the application process, getting through the drama of everyday life, life experiences at college and being role models.

Benefits to Mentors: As an Upward Bound Mentor, you can gain intrinsic satisfaction and perspective by taking a break from your busy life to help students develop their potential by sharing what you've learned from your experiences. Youth mentoring allows you to develop positive, reciprocal relationships with young people. Mentoring also offers a unique opportunity to make sense of your own past experiences and reflect on how those experiences influence your current challenges.

Upward Bound Mentor Requirements:
• Volunteer as a mentor for at least 1 hour per week between the hours of 4pm and 5:30 pm at least 6 Mondays of an Upward Bound semester – you can apply now for a future semester if you do not have Mondays available right away
• Be a role model. Provide students with the information, strategies, and support necessary to develop the knowledge, attitudes, and behaviors required to reach their high school and college goals. Model integrity, work ethic, punctuality, and appropriate dress attire.
• Facilitate a positive relationship with high school students from diverse backgrounds
• Log interactions with students in the Upward Bound contact log
• Pass required background check
• Future interactions and interactions beyond the 6 Monday sessions are allowed based on whether the mentor and Upward Bound student choose to maintain a mentoring relationship beyond the minimum requirements (student parental consent is initially required)

Upward Bound attempts to match mentors based on backgrounds and needs. Please let people know of this opportunity as we have many students wanting mentors and the more mentors we have, the better we can do a matching mentors with our students.

Application Process
• Fill out a mentor application and an MSU youth program background check. If you do not yet have these materials, please send a brief email to Michelle at malkinmi@msu.edu stating you are interested in volunteering as a mentor or stop by 192 Bessey Hall for the materials.
• You will be contacted once you pass the background check (happens quickly!) to let you know that we are starting the process to match you with an Upward Bound student.
• You will again be contacted for around any mentor news and, also, when you are matched with an Upward Bound student – you will likely be matched up in a very short period of time unless you indicated you are looking to start in a future semester.
• Even if you do not have your Mondays available in the current semester, but will in a future semester, please apply now and indicate that you are applying to begin another semester. We are always looking for great mentors!